



HEALTHY WISH CERTIFICATE

Healthy wishes can change the world! Get ready to send your healthy wish off to the Wishing World with our Dole Wish Certificate. Simply write your healthy wish on the certificate, then don't forget to sign and date it! Then, grab your favorite fruit or vegetable, speak the enchanted Wishful Wonder Words and with a big bite of your healthy snack, send your wish off to the Wishing World.

Wishes can be anything, from wishing to try something new to wishing for a fun day outside. What will you wish for on your Dole Wish Certificate? The possibilities are endless!



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HEALTHY WISH CERTIFICATE

My Healthy Wish is:

Wishing Directions:

Now, ready your fruit or veggie, speak the special words below,
close your eyes and take a big bite!

Wishful Wonder Words:

Oh, Wishing World with stars so bright, guide my healthy wish through the night.
It would be such a Dole-licious delight to have my wish granted with this bite!



Signature

Date



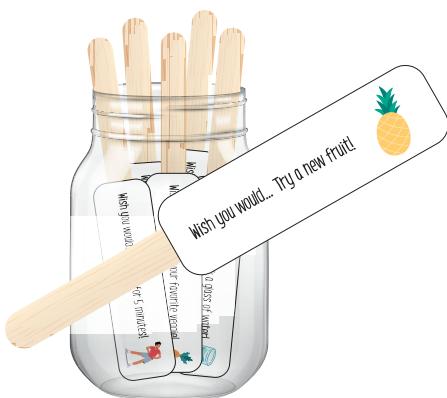
Looking for More?



Check out
Dole.com/Disney
for these awesome
downloads & more!



SCAN ME



“Wish You Would Try” Jar

Get ready to branch out of your comfort zone while bringing new, healthy experiences into your home with our DIY “Wish You Would Try Jar” activity. Try something new with your family tonight!



(Psst... Don't forget to
follow us on social!)



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“What Are You Wishing For?” Guessing Game

Wishing for something fun & delicious? Take in a game of “What Are You Wishing For?” Can you help the card holder guess what card they've chosen?

